



# For You (Pour Vous)

**Choreographers: Audrey Flament & Rob Fowler & I.C.E. – April 2021**

**Counts: 64 - Walls: 2 - Level: Improver (2 Restarts)**

**Music: J'ai Fait Tout Ça Pour Vous by Melissa NKonda & VV Brown - 2m 46s**

**BPM: 152 (approx.) - Intro: 48 counts (approx. 19 secs)**

**S1 Slow Rocking Chair, R Grapevine, L Touch**

- 1,2 Rock forward R, recover on L
- 3,4 Rock back R, recover on L
- 5,6 Step R to R side, cross L behind R
- 7,8 Step R to R side, touch L toe next to R

**RESTART 1** During **Wall 3**, dance up to and including count 7 then replace “touch L toe next to R” with “step L next to R” then **RESTART** at 12:00.

**S2 Full Turn Left in Heel Struts**

- 1,2 Make ¼ turn Left stepping L heel forward, drop L toe down 9:00
- 3,4 Make ¼ turn Left stepping R heel forward, drop R toe down 6:00
- 5,6 Make ¼ turn Left stepping L heel forward, drop L toe down 3:00
- 7,8 Make ¼ turn Left stepping R heel forward, drop R toe down 12:00

**(Note - These counts make a large full turn counterclockwise)**

**S3 Mirror K Step with Claps**

- 1,2 Step L diag forward L, touch R next to L and clap
- 3,4 Step R diag back R, touch L next to R and clap
- 5,6 Step L diag back L, touch R next to L and clap
- 7,8 Step R diag forward R, touch L next to R and clap

**S4 Heel Switches L-R-L, L Heel Hook Heel Step**

- 1,2 Tap L heel forward, step L next to R
- 3,4 Tap R heel forward, step R next to L
- 5,6 Tap L heel forward, hook L in front of R
- 7,8 Tap L heel forward, step L next to R (if possible with feet together)

**RESTART 2** During **Wall 6**, dance up to and including count 32 then **RESTART** at 12:00

**S5 Twists, L Hitch, L Step with ¼ Turn L, R Scuff, R Step with ¼ Turn L, L Step**

- 1,2 Twist both heels to right, twist both toes to right
- 3,4 Twist both heels to right, hitch L
- 5,6 Make a ¼ turn L and step on L, scuff R 9:00
- 7,8 Make a ¼ turn L and step on R, step L next to R (if possible with feet together) 6:00



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<b>S6</b>	<b>Twists, L Hitch, L Step with ¼ Turn L, R Scuff, Stomps</b>	
1,2	Twist both heels to right, twist both toes to right	
3,4	Twist both heels to right, hitch L	
5,6	Make a ¼ turn L and step on L, scuff R	3:00
7,8	Stomp R, stomp L	
<b>S7</b>	<b>Toe Strut, Pivot ½ Turn R, Toe Strut, Pivot ¼ Turn L</b>	
1,2	Touch R toe forward, drop R heel down	
3,4	Step L forward, pivot ½ turn over R (weight on R)	9:00
5,6	Touch L toe forward, drop L heel down <i>(Option: during chorus of the song – on walls 2, 5 and 7 - you can stomp on count 5, hold on count 6)</i>	
7,8	Step R forward, pivot ¼ turn over L (weight on L)	6:00
<b>S8</b>	<b>Jazz Box with Holds</b>	
1,2	Cross R over L, hold	
3,4	Step L back, hold	
5,6	Step R on right side, hold	
7,8	Step L forward, hold <i>(Option: you can click fingers on counts 1,3,5,7)</i>	

**Start Over**