



Walk It Back

Choreographers: Shelli Blake & Rob Fowler & I.C.E. – March 2021

Counts: 32 - Walls: 4 - Level: Improver (No Restarts or Tags)

Music: Show Me by Aston Merrygold - 3m 24s

BPM: 129 (approx.) - Intro: 32 counts (approx. 15 secs)

- S1 Diagonal Step L ,Touch, Diagonal Step R, Touch, Step Forward L, Touch R, Jump Back R/L, Heel Pops**
- 1-2 Step L foot diagonally forward L, touch R toe next to L foot
3-4 Step R foot diagonally forward R, touch L toe next to R foot
5-6 Step forward L foot, touch R foot next to L foot
&7 Small jump/step back on R foot (&), step L foot beside R foot (shoulder-width apart)
&8 Pop heels up (&), heels down (weight on L foot) 12:00
- S2 R Rocking Chair, Jazz Box ¼ Turn R, Drag L**
- 1-2 Rock forward on R foot, recover on L
3-4 Rock back on R foot, recover on L
(Styling note for counts 1-4: make choo-choo arms when song says “show me how you do the soul train”)
5-6 Cross R foot over L foot, step back on L foot
7-8 Step R foot into ¼ turn R, drag L foot next to R foot 3:00
- S3 & Step R, Hitch L Knee, Rolling Vine L, Hold, Step R, Side L, Touch R Toe**
- &1-2 Step L heel down (&), step R foot to R side, hitch L knee up and snap fingers
3-4 ¼ turn L stepping forward on L foot, ½ turn L stepping back on R foot
5-6 ¼ turn L stepping forward on L foot, hold
&7-8 Step R foot next to L foot, step L foot to L side, touch R toe behind L foot 3:00
(Styling note for count 8: sweep arms to L side on toe touch)
- S4 Step R, Hold, ½ Turn R, Hold, Walk Back R-L-R, Touch L Toe**
- 1-2 Step R foot to R side, hold
3-4 ½ turn R (over R shoulder) stepping L foot to L side, hold
(Styling note: add jazz hands on the hold steps at counts 2 and 4)
5-6 Walk back on R foot, walk back on L foot
7-8 Walk back on R foot, touch L toe next to R foot 9:00

DANCE STARTS AGAIN! HAVE FUN WITH IT!