



# Set Me Free

**Choreographers: Diana Liang & Rob Fowler & I.C.E. – March 2021**

**Counts: 48 (Part A: 16, Part B: 32) - Walls: 2 - Level: Intermediate (1 Tag)**

**Music: Set Me Free by Eden Alene - 3m 02s (Official Music Video - Eurovision 2021)**

**BPM: 104 (approx.) - Intro: 24 counts (approx. 14 secs) – start on “Set” of “Set me free”**

**Sequence: AA, B, A, BB, AA, BB, Tag, AA, Ending**

## PART A

<b>S1</b>	<b>Forward, Hold, Rock, Recover ¼ L, ¼ L Forward, ½ L Back, Sweep, Coaster with Sweep</b>	
1,2	Step Rf forward, hold	
&3,4	Rock Lf forward, recover on Rf making ¼ turn to L, make ¼ turn to L stepping Lf forward	6:00
5,6	Make ½ turn L stepping Rf back, sweep Lf back	12:00
7&8	Step Lf back, step Rf next to Lf, step Lf forward sweeping Rf	
<b>S2</b>	<b>Cross, Hold, &amp; Behind, Sweep, Behind, Side Lunge, ¼ L, ¼ L Hitch, Point R</b>	
1,2	Cross Rf over Lf, hold	
&3,4	Step Lf to L side, step Rf behind Lf, sweep Lf back	
5,6	Lf behind, lunge Rf to R side (preparing for turn)	
7,8&	Make ¼ turn to L recovering weight on Lf, keeping weight on Lf make ¼ turn to L hitching Rf, point Rf to R side	6:00

## PART B

<b>S1</b>	<b>Cross, Side Rock, Recover, Cross, Side Rock, Recover, ½ R Turning Voltas</b>	
1&2	Step Rf forward and across Lf, rock Lf ball to L side, recover on Rf	
3&4	Step Lf forward and across Rf, rock Rf ball to R side, recover on Lf (Note: Counts 1-4 are in the style of samba bota fogos)	
5&6&	Cross Rf over Lf making 1/8 to R, step Lf ball next to Rf, cross Rf over Lf making 1/8 to R, step Lf ball next to Rf	
7&8	Cross Rf over Lf making 1/8 to R, step Lf ball next to Rf, make 1/8 to R stepping forward on Rf	6:00
<b>S2</b>	<b>Cross, Step, Point, &amp; Cross, Step, Point, Rock Back, Recover, Step, Rock Back, Recover, Step</b>	
1&2&	Cross Lf over Rf, step Rf slightly forward, point Lf to L diagonal, step Lf in place	
3&4	Cross Rf over Lf, step Lf slightly forward, point Rf to R diagonal (Note: Counts 1-4 are in the style of samba carioca run)	
5&6	Rock back on Rf, recover on Lf, step Rf behind Lf	
7&8	Rock back on Lf, recover on Rf, step Lf behind Rf (Note: Counts 5-8 are in the style of samba batucadas)	6:00
<b>S3</b>	<b>Rock Back, Recover, Step, Rock Back, Recover, Step, ¼ Diamond</b>	
1&2	Rock back on the ball of Rf, recover on Lf, step Rf next to Lf	
3&4	Rock back on the ball of Lf, recover on Rf, step Lf next to Rf (Note: Counts 1-4 are in the style of samba stationary walk)	
5&6&	Cross Rf over Lf, step Lf to L side, make 1/8 turn R stepping back on Rf, hitch Lf	7:30
7&8	Step Lf back, make 1/8 turn R stepping Rf to R side, step Lf forward	9:00



# Set Me Free

- S4**                    **Side R, Rock Back, Recover, Side L, Rock Back, Recover, ¼ L, Hip Bumps**
- 1&2                    Step Rf to R side, rock back on ball of Lf behind Rf, recover on Rf
- 3&4                    Step Lf to L side, rock back on ball of Rf behind Lf, recover on Lf  
(Note: Counts 1-4 are done in the style of samba whisk)
- 5&6                    Make ¼ turn L stepping Rf to R side, bump L hip up, bump L hip down
- &7&8                    Bump L hip up, bump L hip down, bump L hip up, step Lf in place taking weight                    6:00

**TAG:**                    The tag occurs after the 5<sup>th</sup> repetition of Part B.  
To do the tag, please change count 8 of Part B, S4 to bump L hip down keeping weight on Rf

**Full L Turning Volta**

- 1&                    ¼ turn to L stepping Lf forward, step Rf ball next to Lf
- 2&                    ¼ turn to L stepping Lf forward, step Rf ball next to Lf
- 3&                    ¼ turn to L stepping Lf forward, step Rf ball next to Lf
- 4                    ¼ turn to L stepping Lf forward

**ENDING:**            Step forward on Rf