



One Chance to Slow Dance

Choreographers: Darren Tubridy & Rob Fowler & I.C.E. – September 2020

Counts: 64 - Walls: 4 - Level: High Improver (No Tags or Restarts)

Music: Slow Dance by A J Mitchell (feat. Ava Max) - 3m 13s (Sam Feldt Remix)

BPM: 120 (approx.) - Intro: 32 counts (approx. 18 secs)

- S1 Rock, Recover, & Touch Fwd, Touch Side, L Sailor ¼ L, Step R, Pivot ½ L**
1,2&3,4 Rock fwd R, recover on L, step R next to L (&), touch L fwd, touch L to L side
5&6 Cross L behind R making ¼ turn L, step R to R side, step L to L side
7,8 Step fwd R, pivot ½ turn L (3:00)
- S2 Cross Rock, Recover, Chasse R, Cross L, Side R, L Sailor**
1,2 Cross rock R over L, recover on L
3&4 Step R to R side, step L next to R, step R to R side
5,6 Cross L over R, step R to R side
7&8 Cross L behind R, step R to R side, step L to L side (3:00)
- S3 R Jazzbox, R Kick, Back R, Back L, ¼ R, Hitch L**
1,2,3,4 Cross R over L, step back L, step R to R side, step fwd L
5&6 Kick R fwd, step back R, step back L
7,8 Make ¼ turn R stepping R to R side, hitch L (6:00)
- S4 Side L, Hold, & Side L, Hold, R Sailor, Touch L, Unwind ¾ L**
1,2&3,4 Step L to L side, hold (& clap), step R next to L (&), step L to L side, hold (& clap)
5&6 Cross R behind L, step L to L side, step R to R side
7,8 Touch L behind R, unwind ¾ turn L (weight on L) (9:00)
- S5 Cross Rock, Recover, Side Rock, Recover, Behind Side Cross, Side Rock, Recover**
1,2,3,4 Cross rock R over L, recover on L, rock R to R side, recover on L
5&6 Step R behind L, step L to L side, cross R over L
7,8 Rock L to L side, recover on R (9:00)
- S6 Cross Rock, Recover, Side Rock, Recover, Behind Side Cross, Side Rock, Recover**
1,2,3,4 Cross rock L over R, recover on R, rock L to L side, recover on R
5&6 Step L behind R, step R to R side, cross L over R
7,8 Rock R to R side, recover on L (9:00)
- S7 Rock, Recover, R Coaster, Step L, Pivot ½ R, L Kick Ball Change**
1,2,3&4 Rock fwd R, recover on L, step back R, step L next to R (&), step fwd R
5,6 Step fwd L, pivot ½ turn R
7&8 Kick L fwd, step L next to R, step R next to L (3:00)
- S8 Step L, Touch R, Back R, Touch L, Step L, Scuff R, Step R, Pivot ½ L (x2)**
1,2&3 Step fwd L, touch R behind L, step back R (&), touch L heel fwd
&4 Step L next to R, scuff R fwd
5,6,7,8 Step fwd R, pivot ½ turn L, step fwd R pivot ½ turn L (3:00)

Start Over