



I Choose

Choreographers: Diana Liang & Rob Fowler & I.C.E. – September 2020

Counts: 48 - Walls: 2 - Level: Intermediate (3 Tags)

Music: I Choose by Alessia Cara - 3m 37s

BPM: 132 (approx.) - Intro: 24 counts – start on the word “All” (approx. 11 secs)

S1	Coaster Step, Step, ½ Turn, ¼ Turn	
1,2,3	Step R back, step L next to R, step R fwd	
4,5,6	Step L fwd, make ½ turn L stepping R back, make ¼ turn L stepping L to L side	3.00
S2	Twinkle, Step, Sweep ⅛ Turn	
1,2,3	Cross R over L, step L to L side, step R in place	
4,5,6	Step L fwd, make ⅛ turn L sweeping R fwd over 2 counts	1.30
S3	Rock Fwd, Recover, Side ⅛ Turn, Fwd ⅛ Turn, ½ Pivot Turn	
1,2,3	Rock fwd on R, recover on L, make ⅛ turn R stepping R to R side	3.00
4,5,6	Make ⅛ turn R stepping L fwd, ½ pivot turn R over 2 counts	10.30
S4	Twinkle ¼ Turn, Step, ¾ Spiral	
1,2,3	Cross L over R, make ¼ turn L stepping R to R side, step L in place	7.30
4,5,6	Step R fwd, ¾ spiral L over 2 counts (weight on R)	10.30
S5	Half Diamond Fallaway	
1,2,3	Step L fwd, make ⅛ turn L stepping R to R side (9.00), make ⅛ turn L stepping L back	7.30
4,5,6	Step R back, make ⅛ turn L stepping L to L side (6.00), make ⅛ turn L stepping R fwd	4.30
S6	Step, Kick, Side ⅛ Turn, Drag	
1,2,3	Step L fwd, kick R fwd over 2 counts	4.30
4,5,6	Make ⅛ turn R stepping R to R side (long step), drag L to R over 2 counts	6.00
S7	¼ Turn, ¼ Turn, Step, Twinkle ½ Turn	
1,2,3	Make ¼ turn L stepping L fwd, make ¼ turn L stepping R fwd, step L fwd	12.00
4,5,6	Step R across L, make ¼ turn R stepping L back, make ¼ turn R stepping R to R side	6.00
S8	Cross Rock, Recover, Side, Cross, Unwind	
1,2,3	Rock L across R, recover on R, step L to L side	
4,5,6	Cross R over L, full unwind L over 2 counts (weight on L)	6.00

Start Over

DANCE SEQUENCE Wall 1, Wall 2, Tag 1, Wall 3, Tag 2, Wall 4, Wall 5, Tag 1,
Wall 6, Tag 3, Wall 7, Wall 8, Wall 9 Counts 1-9, Ending



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TAG 1:

(9 Counts) End of Wall 2 facing 12.00 & end of Wall 5 facing 6.00

Coaster Step, Step, Point, Hold, Drag

1,2,3 Step R back, step L next to R, step R fwd

4,5,6 Step L fwd, point R to R side, hold

1,2,3 Drag R to L (weight on L)

TAG 2:

(3 Counts) End of Wall 3 facing 6.00

Point, Drag

1,2,3 Point R to R side, drag R to L over 2 counts (weight on L)

TAG 3:

(48 Counts) End of Wall 6 facing 12.00 & step change

(1-6) Coaster Step, R Fwd, L Fwd, R Fwd

1,2,3 Step R back, step L next to R, step R fwd

4,5,6 Step L fwd, step R fwd, step L fwd

(7-48) Side Basic, ¼ Turn Walk, x7 (finish facing 3.00)

1,2,3 Step R to R side, step L next to R, step R in place

4,5,6 Make ¼ turn L stepping L fwd, step R fwd, step L fwd

Step Change At the end of Tag 3, make ¼ turn L to face 12.00 as you start the dance again with the R coaster step

ENDING: Wall 9 (starts facing 12.00)

Dance Section 1 and counts 1-3 of Section 2, then add the following 3 counts to finish facing 12.00:

Step, ¼ Turn Sweep, Point

1,2,3 Step L fwd, make ¼ turn L sweeping R fwd, point R to R side

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