



Hole In My Heart

Choreographers: Susan Duncan (USA) & Rob Fowler (UK) & I.C.E. – November 2020

Counts: 32 - Walls: 4 - Level: Beginner (1 Tag x 3 and 1 Restart)

Music: Hole In My Heart by Rod Stewart - 3m 26s - Blood Red Roses (Deluxe Version)

BPM: 128 - Intro: 32 counts (approximately 14 seconds)

- S1 Side Right, Touch Left, Side Left, Touch Right, Side Right, Together, Side Right, Touch Left**
- 1-2 Step Right To Right Side, Touch Left Next To Right
3-4 Step Left To Left Side, Touch Right Next To Left
5-6 Step Right To Right Side, Step Left Together
7-8 Step Right To Right Side, Touch Left Next To Right 12:00
- S2 Side Left, Touch Right, Side Right, Touch Left, Vine ¼ Turn Left, Touch Right**
- 1-2 Step Left To Left Side, Touch Right Next To Left
3-4 Step Right To Right Side, Touch Left Next To Right
5-6 Step Left To Left Side, Step Right Behind Left
7-8 Make ¼ Turn Left Stepping Forward Left, Touch Right Next To Left 9:00
- S3 K Step**
- 1-2 Step Right Diagonally Forward Right, Touch Left Next To Right
3-4 Step Left Diagonally Back Left, Touch Right Next To Left
5-6 Step Right Diagonally Back Right, Touch Left Next To Right
7-8 Step Left Diagonally Forward Left, Touch Right Next To Left Facing Forward 9:00
- S4 V Step, Heel Swivels, Hold**
- 1-2 Step Right Out Diagonally Right, Step Left Out Diagonally Left
(arm option: sway both arms up and over to the right when stepping out to the right, sway both arms up and over to the left when stepping out to the left then return arms to place)
- 3-4 Step Right Back To Center, Step Left Beside Right
5-8 Swivel Heels Right, Left, Back To Center, Hold (Weight on Left) 9:00
- Start Over**
- TAG: Hip Bumps Occur On The Strong Beats Of Music:**
At The End of Wall 3 (Facing 3:00)
During Wall 8 - Dance Up To and Including Count 28 (V Step Facing 12:00),
Dance The Tag Then Restart
At The End of Wall 12 (Last 8 Counts of Music to Finish Facing 12:00)
- 1-2 Hip Bumps R, R
3-4 Hip Bumps L, L
5-8 Hip Bumps R, L, R, L (Pop hip on count 8)