

# Better Days For All

**Choreographers: Ann-Kristin Sandberg, Darren Tubridy, Rob Fowler & I.C.E. – March 2021**

**Counts: 64 - Walls: 2 - Level: High Improver (NO Tags or Restarts)**

**Music: Better Days by Morning Feelz (feat Lucas Gienow) - 3m 34s**

**BPM: 128 (approx.) - Intro: 24 counts (approx. 14 secs)**

<b>S1</b>	<b>Cross, Back &amp; Cross, Side, Knee Pop In, ¼ L, L Kick Ball Step</b>	
1,2&	Cross right over left, step back on left, step right next to left (&)	
3,4	Cross left over right, step right to right side	
5,6	Pop left knee in, pop left knee out and make ¼ turn left (keep weight on right)	9:00
7&8	Kick left forward, step left to right (&), step forward right	
<b>S2</b>	<b>Step L, Step R, Pivot ½ L, Step R, Step L, Pivot ½ R, Step L, Side Rock, Recover</b>	
1,2	Step forward left, step forward right	
3,4	Make ½ turn left (weight forward on left), step forward right	3:00
5,6	Step forward left, make ½ turn right (weight forward on right)	9:00
7&8	Step forward left, rock right out to right side (&), recover weight on left	
<b>S3</b>	<b>Cross R, Side L, Hinge ½ R, Point L, ¼ L, ½ L, ½ L Shuffle</b>	
1,2	Cross right over left, step left to left side	
3	Pull right shoulder back making ½ turn right stepping right to right side	3:00
4	Point left toe to left side	
5,6	Make ¼ turn left stepping forward left, make ½ turn left stepping back right	6:00
7&8	Make ½ turn left stepping forward left, step right next to left (&), step forward left	12:00
<b>S4</b>	<b>Rock, Recover, R Shuffle Back, L Coaster, R Kick Ball Cross</b>	
1,2	Rock forward right, recover on left	
3&4	Step back right, step left next to right (&), step back right	
5&6	Step back left, step right next to left (&), step forward left	
7&8	Kick right forward, step right next to left (&), cross left over right	12:00
<b>S5</b>	<b>Side R, Drag L, Step L, Cross R, Side L, Touch R, Unwind ¾ R, L Kick Ball Cross</b>	
1,2	Long step right to right side, drag left towards right	
&3,4	Step left next to right (&), cross right over left, step left to left side	
5,6	Touch right behind left, unwind ¾ turn right (weight on right)	9:00
7&8	Kick left forward, step left next to right (&), cross right over left	
<b>S6</b>	<b>Side Rock, Recover, Behind L, ¼ R, Step L, Pivot ¼ R, Cross Shuffle</b>	
1,2	Rock left to left side, recover on right	
3,4	Step left behind right, make ¼ turn right stepping forward right	12:00
5,6	Step forward left, make ¼ turn right (weight on right)	3:00
7&8	Cross left over right, step right to right side (&), cross left over right	
<b>S7</b>	<b>Side Rock, Recover, Behind R, ¼ L, R Jazz Box</b>	
1,2	Rock right to right side, recover on left	
3,4	Step right behind left, make ¼ turn left stepping forward left	12:00
5,6,7,8	Cross right over left, step back left, step right to right side, step forward left	
<b>S8</b>	<b>Rock, Recover, ½ R Shuffle, Rock, Recover, Triple Full Turn L</b>	
1,2	Rock forward right, recover on left	
3&4	Make ½ turn right stepping forward right, step left next to right (&), step forward right	6:00
5,6	Rock forward left, recover on right	
7&8	Make a triple full turn left (on the spot) stepping left, right (&), left ( <i>non-turn option: left coaster</i> )	

**Start Over**